

# POP WARM-UPS & ★ WORK-OUTS for CHOIR 2 ★

For Changed and Unchanged Voices  
Arranged by Roger Emerson

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# 2. HOME

Original Artist: *Phillip Phillips*

## FOCUS

- Common vowel shapes
- Singing 4-measure phrases
- Audiation

## LEARNING OUTCOMES

- Singing “ah,” “oh,” “oo,” “ee” and “eh” vowels with uniformity.
- Singing a 4-measure phrase on one breath.
- Hearing the minor 6th interval before it is sung at each key change.

## EXTENSIONS

- Use cellphones in the reverse camera mode as mirrors so that the student may visualize each vowel shape.
- Use a sweeping motion of the arm overhead for each 4-measure phrase.
- Alternate the arm sweep every two measures, but breath only once.
- Stop the recording immediately before the key change and see if the students can sing the next pitch in the new key (after hearing internally “audiation”).

# 2. Home

## (Vowel Warm-Up)



Words and Music by GREG HOLDEN  
and DREW PEARSON  
Arranged by ROGER EMERSON

Driving (♩ = 120)

Soprano  
Alto

Tenor  
Bass

Piano

*mf*

*E♭(add9)* *B♭* *Gm* *F*

The first system of the score features vocal staves for Soprano, Alto, Tenor, and Bass, all of which are currently empty. Below them is the piano accompaniment, consisting of a grand staff with treble and bass clefs. The piano part begins with a melody in the right hand and a steady eighth-note accompaniment in the left hand. The key signature has two flats (Bb and Eb), and the time signature is 4/4. The tempo is marked 'Driving' with a quarter note equal to 120 beats per minute. The piano part is marked with a mezzo-forte (*mf*) dynamic. Chord symbols *E♭(add9)*, *B♭*, *Gm*, and *F* are placed above the piano staff.

*mf*

Oh

*mf*

*E♭(add9)* *B♭* *Gm* *F*

5

The second system of the score shows the vocal parts. The Soprano and Alto parts have a melodic line starting with a mezzo-forte (*mf*) dynamic. The Tenor and Bass parts have a similar melodic line, also marked *mf*. The piano accompaniment continues with the same eighth-note accompaniment and chord progression as in the first system. The piano part is marked with a mezzo-forte (*mf*) dynamic. Chord symbols *E♭(add9)*, *B♭*, *Gm*, and *F* are placed above the piano staff. A measure number '5' is written at the beginning of the piano staff.

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# 3. Best Day of My Life

(Head Voice Warm-Up, Downward)



Words and Music by ZACHARY BARNETT,  
JAMES ADAM SHELLEY, MATTHEW SANCHEZ,  
DAVID RUBLIN, SHEP GOODMAN  
and AARON ACCETTA  
Arranged by ROGER EMERSON

Rock ( $\text{♩} = 100$ )

Piano

(Drums)

ALL VOICES Unison

Oo, oo, \_ oo, \_ oo. Oo, oo, \_ oo, \_ oo.

E

3

Oo, oo, \_ oo, \_ oo. Oo, oo, \_ oo, \_ oo.

E<sup>b</sup>

7

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# POP WARM-UPS & ★ WORK-OUTS for CHOIR 2 ★

For Changed and Unchanged Voices  
Arranged by Roger Emerson

Following the success of *Pop Warm-Ups & Work-Outs for Guys* (08749926) and *Pop Warm-Ups & Work-Outs for Choir* (08753187), this sequel includes many of the latest pop song melodies and motives to inspire students to sing with gusto and to reinforce basic choral fundamentals common to all types of music. The ten songs featured are preceded by suggestions for practicing and reinforcing skills such as breath control, ear training, vowel shapes, resonance, range extension and head voice development. The warm-ups can be used with changed or unchanged voices. The professionally-produced audio recordings present each exercise with and without singers and are available via digital download.

*Pop Warm-Ups & Work-Outs for Choir 2* is a valuable resource that will encourage students to sing out while building a better understanding of their amazing instrument --the human voice!

## EXERCISES ARE BASED ON THE FOLLOWING SONGS:

Ho Hey	The Flight of the Bumblebee
Home	Chasing the Sun
Best Day of My Life	The Interval Song
The Lion Sleeps Tonight	The Christmas Song
Moves Like Jagger	Some Nights



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