

As performed by Walk the Moon

# One Foot

Words and Music by Ben Berger, Ryan McMahon, Ryan Rabin,  
Eli Maiman, Nicholas Petricca, Kevin Ray and Sean Waugaman

Arranged by Victor López

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**INSTRUMENTATION**

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1 Conductor	4 Trombone	<b>WORLD PARTS</b>
8 Flute	2 Baritone	Available for download from
2 Oboe	2 Baritone Treble Clef	<a href="http://www.alfred.com/worldparts">www.alfred.com/worldparts</a>
2 Bassoon	4 Tuba	Horn in E $\flat$
4 1st B $\flat$ Clarinet	1 Optional Electric Bass	Trombone in B $\flat$ Bass Clef
4 2nd B $\flat$ Clarinet	1 Optional Piano/Keyboard	Trombone in B $\flat$ Treble Clef
2 B $\flat$ Bass Clarinet	2 Mallet Percussion	Baritone in B $\flat$ Bass Clef
5 E $\flat$ Alto Saxophone	(Xylophone, Optional Marimba)	Tuba in E $\flat$ Bass Clef
2 B $\flat$ Tenor Saxophone	4 Percussion 1	Tuba in E $\flat$ Treble Clef
2 E $\flat$ Baritone Saxophone	(Hi-Hat Cymbals/Concert Toms [3]/Snare Drum, Bass Drum or Optional Drumset)	Tuba in B $\flat$ Bass Clef
4 1st B $\flat$ Trumpet	2 Percussion 2	Tuba in B $\flat$ Treble Clef
4 2nd B $\flat$ Trumpet	(Tambourine, Shaker)	
4 F Horn		

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**PROGRAM NOTES**

Dynamic American rock and roll band Walk the Moon has once again delivered a high-energy pop song with this lead single from their fourth studio LP *What If Nothing*. A follow up to the band's breakout hit, "Shut Up and Dance," "One Foot" has once again put Walk the Moon at No. 1 on Billboard's Alternative Songs chart. With a disco-like groove and a tribal chant chorus custom-made for shouting along, this tune epitomizes the group's signature foot-stomping sound.

**NOTES TO THE CONDUCTOR**

This piece has some strong, driving grooves and provides young musicians with opportunities to learn those pop-music rhythms they hear on the radio.

The effectiveness of this piece will depend on how well the ensemble follows the marked articulations. Aim for a tight sound throughout. Work on the unison melodies so that they sound in tune and as if one player is playing all of the instruments.

Note that, throughout the piece, several instruments have grace notes, which may be new to some players. It will be helpful to explain that they are notes of short duration before the target note.

Watch the dynamics throughout, and don't let the ensemble get too loud on the fortissimos. The crescendos and diminuendos at measure 37 should start and end at the dynamic level indicated.

If an authentic sound is desired, an electric bass part is provided with this arrangement. Work with the percussion section and aim for tightness, not loudness.

Keep in mind that pop music can be an inspiration for students to practice. Additionally, it is a valuable tool for recruiting students for your program; so, use it to your advantage.



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FULL SCORE  
Approx. Duration - 2:15

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Moderately ♩ = 104

Flute

Oboe

Bassoon

1  
B♭ Clarinets

2

B♭ Bass Clarinet

E♭ Alto Saxophone

B♭ Tenor Saxophone

E♭ Baritone Saxophone

Moderately ♩ = 104

1  
B♭ Trumpets

2

F Horn

Trombone

Baritone

Tuba  
(Optional Electric Bass 8<sup>DB</sup>)

Mallet Percussion  
(Xylophone, Optional Marimba)

Percussion 1  
(Hi-Hat Cymbals/  
Concert Toms [3]/  
Snare Drum, Bass Drum  
or Optional Drumset)

Hi-Hat Cymbals >  
(closed)

Tom-Toms

Tambourine

Percussion 2  
(Tambourine, Shaker)

*f* 1 2 3 4

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5

Fl.

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

5

1  
Tpts.

2

Hn.

Tbn.

(Tuba)  
Bar.

Tuba

Mlt. Perc.

Snare Drum

Perc. 1

Perc. 2

Shaker

*f*

5

6

7

8

Fl.

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

1  
Tpts.

2

Hn.

Tbn.

Bar. *Play*

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

13 opt. 8va ----- as written

Fl.

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

13

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

opt. 8va -----

Fl.

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

Fill -----

21

Fl. *opt. 8va*

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

21

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

T.T.



as written

opt. 8va

Fl.

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

29 as written

Fl. *ff*

Ob. *ff*

Bsn. *ff*

1 Cls. *ff*

2 Cls. *ff*

B. Cl. *ff*

A. Sax. *ff*

T. Sax. *ff*

Bar. Sax. *ff*

1 Tpts. *ff*

2 Tpts. *ff*

Hn. *ff*

Tbn. *ff*

Bar. *ff*

Tuba *ff*

Mlt. Perc. *ff*

Perc. 1 *ff*

Perc. 2 *ff*

Fl. *opt. 8va*

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

*div.* *div.*



41 opt. 8va -----, as written

Fl. *f*

Ob. *f*

Bsn. *f*

1 Cls. *f*

2 Cls. *f*

B. Cl. *f*

A. Sax. *f*

T. Sax. *f*

Bar. Sax. *f*

41 1 Tpts. *f*

2 Tpts. *f*

Hn. *f*

Tbn. *f*

Bar. *f*

Tuba *f*

Mlt. Perc. *f*

Perc. 1 *f*

Perc. 2 *f*

Fl. *opt. 8va*

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

49 as written

Fl.

Ob.

Bsn.

1  
Cls.

2

B. Cl.

A. Sax.

T. Sax.

Bar. Sax.

49

1  
Tpts.

2

Hn.

Tbn.

Bar.

Tuba

Mlt. Perc.

Perc. 1

Perc. 2

